

## **Mongeau Acupuncture LLC**

Unity North Spiritual Center, 11499 Martin St. NW, Coon Rapids, MN 55433  
763. 300. 9811 [www.nwtwincitiesacupuncture.com](http://www.nwtwincitiesacupuncture.com)

### Facial Rejuvenation Acupuncture

Clinic is open for facial rejuvenation acupuncture 12–6 PM Monday and Friday at Unity North Spiritual Center, Please do not call the Center about acupuncture. Call/text me at 763-300-9811 or email me at [a.mongeau@icloud.com](mailto:a.mongeau@icloud.com).

Visits are by appointment only.

Initial appointment 1 1/2 hrs  
Returns 1 hr

The facial rejuvenation series is 10-15 treatments. Some will be happy with the results after 10, some will want to continue. If you have sagging cheeks and jowls, it may take 20 treatments. You stop when you are happy with the results.

The treatment will also contain acupuncture points on the body to help balance your energetic system. At the first visit we will discuss your goals, what to expect and your general health and then do the acupuncture. It takes about 25 minutes to do the needling and you will lie on the table another 15-20 minutes.

Suggested: twice a week for 3 weeks and then weekly OR twice a week for the series.  
Alternative: Once a week for the series.

With maintenance appointments monthly, the improvements should last 2-5 years.

Cost from March through August 2018 is \$40 per treatment while I am gaining experience.  
Cost beginning September 2018 is \$50 per treatment.

For the appointments:

Wash your face first and wear no make up, moisturizer or other facial products.  
Please wear clothes that pull up above knees and elbows. You will be laying on a massage table for the treatment.

No scents (perfume, after shave, essential oils).

Don't come fasting (eat breakfast or lunch that day).

Payment in cash or check, no plastic. Make checks out to Mongeau Acupuncture LLC.

You may pay per treatment, per week, per month, or half or all of the anticipated series cost. If you have paid ahead and decide to stop, I will send a refund to you for unused appointments. I would appreciate payment for any scheduled appointments you miss if you are continuing the series.

If I haven't seen you for acupuncture before, please go to the "What to Expect" page, print the forms Intake 1,2,3 and consent, fill them out in ink and bring them to the first visit. If you are unable to obtain them, contact me before your appointment. If you have more than 2-3 medications or supplements you take regularly, it's easiest for both of us if you bring me a list I can either have or return to you at the next visit.

And everyone coming for FRA, please print, read and sign the Informed Consent for Facial Rejuvenation Acupuncture and bring it to the first visit.

Ann Mongeau, L. Ac. RN