

Mongeau Acupuncture LLC

Unity North Spiritual Center, 11499 Martin St. NW, Coon Rapids, MN 55433
763. 300. 9811 www.nwtwincitiesacupuncture.com

Informed Consent for Facial Rejuvenation Acupuncture

BENEFITS:

Improved muscle tone and tone of the skin
Increased collagen production and evens out the dispersal of collagen
Quicker turnover of facial skin
Diminishes fine lines and wrinkles created by habitual expressions
Helps to reduce bags under the eyes
Helps lift drooping eyelids and sagging cheeks/jowls
Helps to eliminate puffiness by improving metabolism thus eliminating excess fluids
Tightens pores
Improves hormonal balance
Brightens the eyes
Promotes overall health and well being
Helps to normalize facial oiliness/dryness by increasing the local circulation
Reduces and sometimes eliminates double chin
Reduces stress evident in the face
Brings out a person's innate beauty and radiance; improves self esteem
Slows the aging process from within
Delays the hair turning gray and loss of hair with aging

CONTRAINDICATIONS

Severe high blood pressure that is not in control. Treatment is fine for those with controlled blood pressure on medication.
Severe migraines more frequent than every three months.
No facial acupuncture until 3 weeks after laser facial resurfacing and one week after microdermabrasion
Pregnancy
Colds or flu
Acute herpes outbreaks
Acute allergic reactions

The most common side effect is bruising. Arnica montana sublingual and helichrysum hydrosol topically are used to help decrease bruising. Points will be used on your arms and legs to help balance your overall energy.

The usual series of treatments is 10-15 appointments. If cheek sagging/jowls are prominent, it may take 20 treatments or more to lift the area. After the initial series, monthly treatments are recommended. With this course of treatment, the changes should last 2-5 years.

I understand the above statements. I do not have any of the conditions listed under the contraindications.

Client signature

Date

Ann Mongeau, L. Ac., RN